The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 800-375-9173 or visit <a href="https://portal.90degreebenefits.com">https://portal.90degreebenefits.com</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 800-375-9173 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network:</u> \$2,500 Individual / 5,000 Family <u>Non-Network:</u> \$5,000 Individual / \$10,000 Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Network Provider: Preventive Care	The <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount, but <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network:</u> \$4,500 Individual / \$9,000 Family <u>Non-Network:</u> \$9,000 Individual / \$18,000 Family	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balanced billing is prohibited), penalties for failure to obtain pre- certification and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	<b>Yes.</b> Cox Network. To locate a provider call Cox Network call (417) 269-2923 or visit www.coxhealth.com.	You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	<b>No.</b> You don't need a referral to see a specialist.	You can see the specialist you choose without a referral.



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **deductible** applies.

		What You Will Pay			
Common	Services You May Need	Network Provider Non-Network Provider		Limitations, Exceptions, & Other Important	
Medical Event		(You will pay the least)	You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 copay per visit deductible waived	50% coinsurance after deductible	Office Surgery and Anesthesia, Therapeutic Injections, Allergy Injections and Serum, X-ray, Diagnostic Testing, Telemedicine and All Other Office Related Services: Network Provider: PCP \$25 copay deductible waived	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist visit</u>	\$35 copay per visit deductible waived	50% coinsurance after deductible	Specialist \$35 copay deductible waived Non-Network Provider: 50% coinsurance after deductible Allergy Testing: Network Provider: 20% coinsurance after deductible Non-Network Provider: 50% coinsurance after deductible Lab: Network Provider: No charge Non-Network Provider: 50% coinsurance after deductible	
	Preventive care/screening/ immunization	No charge	50% coinsurance after deductible	Benefits are available for evidence based items or services that have in effect a rating "A" or "B" in the current recommendations of the United States Preventive Services Task Force (USPSTF). <u>http://www.uspreventiveservicestaskforce.org</u> . You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test	Outpatient X-ray: 20% coinsurance after deductible Outpatient Lab: No charge	Outpatient X-ray and Lab: 50% coinsurance after deductible	Independent Lab: Network Provider: No charge Non-Network Provider: 50% coinsurance after deductible	
	Imaging (CT/PET scans, MRIs)	20% coinsurance after deductible	50% coinsurance after deductible	None.	

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider Non-Network Provider		Limitations, Exceptions, & Other Important Information	
Medical Event		(You will pay the least)	You will pay the most)	Information	
If you need drugs to treat your illness	Generic drugs	\$10 copay deductible waived	\$10 copay deductible waived	Retail - 30 day supply - copay applies to each 30 day supply.	
or condition More information about <u>prescription</u> drug coverage is	Preferred brand drugs	\$35 copay deductible waived	\$35 copay deductible waived	Mail Order - copay applies to each 31-90 day supply.	
available at www.southemscripts. net or call Southemscripts at 800-710-9341.	Non-preferred brand drugs	\$60 copay deductible waived	\$60 copay deductible waived	For more information call MedVed, Inc. at 417-893- 8437. After 90 days covered through Specialty Drug Program (If qualified). If not qualified, revert to copay.	
	Specialty drugs	Subject to participation in Me	dVed, Inc.		
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
outpatient surgery	Surgeon fees	20% coinsurance after deductible	50% coinsurance after deductible	None.	
	Emergency room care	\$100 copay deductible waived	\$100 copay deductible waived	If admitted within 24 hours, copay waived, and pre- cert required. Call 800-375-9173. Failure to pre- certify will result in a penalty of \$250.	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance after deductible	20% coinsurance after deductible (network deductible and out-of-pocket applies)	Ambulance (Air, Water, and Ambulance Transfers for non-emergency): Pre-certification is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
	Urgent care	\$50 copay deductible waived	50% coinsurance after deductible	Charges for certain diagnostic procedures such as MRI, PET, BONE Scan, Cardiac Stress Test, Radiation, Chemo, Dialysis are subject to deductible/coinsurance.	

		What You Will Pay		Limitations, Exceptions, & Other Important	
Common Madical Event	Common Medical Event Services You May Need		Non-Network Provider		
		(You will pay the least)	You will pay the most)	Information	
lf you have a	<u>Facility fee (e.g., hospital</u> <u>room)</u>	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
hospital stay	Surgeon fees	20% coinsurance after deductible	50% coinsurance after deductible	None.	
lf you need mental health, behavioral health, or	Outpatient services	Office Visit: \$25 copay per visit deductible waived <u>Outpatient Services:</u> 20% coinsurance after deductible	Office Visit/Outpatient Services: 50% coinsurance after deductible	<u>Outpatient Services:</u> Pre-certification is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
substance abuse services	Inpatient services	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
	<u>Office visits (first visit to</u> diagnose pregnancy)	\$25 copay per visit deductible waived	50% coinsurance after deductible	Cost sharing does not apply for certain Network Prenatal/Preventive services required by PPACA. Depending on the type of services, a copayment	
lf you are pregnant	<u>Childbirth/delivery</u> professional services	20% coinsurance after deductible	50% coinsurance after deductible	may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	<u>Childbirth/delivery facility</u> services	20% coinsurance after deductible	50% coinsurance after deductible	Pre-cert is required for inpatient stays longer than 48 hours for vaginal delivery or 72 hours for cesarean delivery, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250 per admission.	

Services You May Need				
	Network Provider Non-Network Provider		Limitations, Exceptions, & Other Important	
	(You will pay the least)	You will pay the most)	Information	
Home health care	20% coinsurance after deductible	50% coinsurance after deductible	Limited to 60 visits per calendar year. Pre-cert is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
Rehabilitation services	\$35 copay deductible waived	50% coinsurance after deductible	Physical Therapy, Occupational Therapy, Speech Therapy: Pre-cert is required, call 800-375-9173. Failure to	
Habilitation services	\$35 copay deductible waived	50% coinsurance after deductible	pre-certify will result in a penalty of \$250. Maximum benefits per calendar year 40 visits per therapy.	
Skilled nursing care	20% coinsurance after deductible	50% coinsurance after deductible	Limited to 25 days per calendar year. Pre-cert is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
Durable medical equipment	20% coinsurance after deductible	50% coinsurance after deductible	Pre-cert is required for any single line item over \$1,000, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250.	
Hospice services	20% coinsurance after deductible	50% coinsurance after deductible	Pre-cert is required, call 800-375-9173. Failure to pre-certify will result in a penalty of \$250. Bereavement counseling covered within 6 months of death.	
Children's eye exam	\$35 copay deductible waived	50% coinsurance after deductible	Limited to 1 routine eye exam per Calendar Year.	
<u>Children's glasses</u>	Not covered	Not covered	Not a covered service under this Plan.	
Children's dental check-up	No charge	50% coinsurance after deductible	Coverage limited to oral health risk assessment as required by PPACA.	
	Rehabilitation services   Habilitation services   Habilitation services   Skilled nursing care   Skilled nursing care   Ourable medical   equipment   Hospice services Children's eye exam Children's glasses	Iome health care20% coinsurance after deductibleRehabilitation services\$35 copay deductible waivedIdabilitation services\$35 copay deductible waivedSkilled nursing care20% coinsurance after deductibleOurable medical equipment20% coinsurance after deductibleIdospice services20% coinsurance after deductibleChildren's eye exam\$35 copay deductible waivedChildren's glassesNot coveredChildren's dental check-upNo charge	Home health care20% coinsurance after deductible50% coinsurance after deductibleRehabilitation services\$35 copay deductible waived50% coinsurance after deductibleHabilitation services\$35 copay deductible waived50% coinsurance after deductibleSkilled nursing care20% coinsurance after deductible50% coinsurance after deductibleOurable medical liquipment20% coinsurance after 	

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally De	pes NOT Cover (Check your policy or plan document for r	nore information and a list of any other <u>excluded services</u> .)
<ul> <li>Acupuncture</li> <li>Bariatric surgery</li> <li>Cosmetic surgery</li> <li>Dental</li> </ul>	<ul> <li>Infertility treatment</li> <li>Long-term care</li> <li>Weight loss programs</li> </ul>	
Other Covered Services (Limitat	tions may apply to these services. This isn't a complete li	st. Please see your plan document.)
Chiropractic Care – calendar year maximum of 26 visits	<ul> <li>Diabetic Shoes – Limited to 2 pair per calendar year (paid In-Network)</li> </ul>	Hearing aids - one aid per ear each 36-month period

## Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is available by calling the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="http://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="http://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="http://www.HealthCare.gov">Marketplace</a>, visit www.HealthCare.gov or call 1-800-318-2596.

# Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 800-375-9173. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform.

#### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 800-375-9173. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-375-9173. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 800-375-9173. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-375-9173.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

Questions: Call 800-375-9173 or visit us at <u>https://portal.90degreebenefits.com</u>.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>https://portal.90degreebenefits.com</u> or call 800-375-9173 to request a copy.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	y	a Bal	ing a	is Hav	Peg	
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(9 months of in-network pre-natal care and a hospital delivery)

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This EXAMPLE event includes services like:

Primary care physician office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work)

## In this example, Peg would pay:

Cost Sharing			
Deductibles	\$2,500		
Copayments	\$25		
Coinsurance	\$1,650		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$4,235		

Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall <u>deductible</u>	\$2,500
Specialist copay	\$35
Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: Primary care physician office visits (*including disease education*) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*alucose meter*)

	Total Example Cost	\$7,400
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# In this example, Joe would pay:

\$12,738

Cost Sharing	
Deductibles	\$2,500
Copayments	\$295
Coinsurance	\$372
What isn't covered	
Limits or exclusions	\$55
The total Joe would pay is	\$3,222

# Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall <u>deductible</u>	\$2,500
Specialist copay	\$35
Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)* Diagnostic test *(x-ray)* Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)* 

Total Example Cost	\$1,925
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# In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,290
Copayments	\$495
Coinsurance	\$339
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,124