DENTAL

- 1. Go to Cigna.com
- 2. In upper right hand corner, click on "Find a Doctor, Dentist, or Facility".



3. On the next page, under the heading "Not a Cigna Customer Yet", click on "Plans through your employer or school".

https://www.cigna.com/hcpdirectory/	🔎 👻 🗎 🔿 🌈 BenefitPoint Login	Sign In	BenefitSolver - Sign Or	n 😏 Viverae	😰 Find a Doctor Health Ca.
Individuals Employers	Health Care Providers	Cigna International	About Cigna Cor	ntact Us Search Cigna.	com Q
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Cigna Custo	mers		Not a Ci	gna Custome	r Yet?
Use the myCigna SM web providers.	site or app and simplify your search	for	You can still sea to select a plan f	rch for an in-network provi first and you can't compare	ider, but you'll need e procedure costs.
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LOG IN AND SEARC	CH MYCIGNA		Indivi health	idual plans purchased from hcare.gov	n Cigna or
I still need to <u>register o</u>	n myCigna.		Media	care plans	

4. On the next page, enter your location (city, state or zip code), then click on the "Pick" drop down box under "Select A Plan".

Find Provid	ders	
SEARCH LOCATION:	SELECT A PLAN:	SEARCH:
Springfield, MO	PICK Medical:	E.g. Dr. Smith, general dentist, hospital
Use my current location		Looking for a provider or specialty ("primary care provider," "oral surgeon")? Browse the A-to
		glossary
We have found Nort	Care th Family Medical Walk in Clinic located	glossary 2.6 miles from your search location. Map all urgent care near my current location.
Nearest Urgent We have found Nor	Care th Family Medical Walk in Clinic located	glossary

5. Click "Dental Plans".



6. Under DPPO/EPO you will select "Total Cigna DPPO" and then click the orange "Choose" box.

	SELECT A PLAN FOR YOUR SEARCH	CANCEL
l	IF YOU ALREADY HAVE A CIGNA PLAN og into your myCigna account so you find the doctors covered by your plan and can see what you may pay for many of the most common procedures.	
s	IF YOU ARE LOOKING FOR A CIGNA PLAN Select a plan for your search to find health care professionals who accept it.	
F	PLANS AVAILABLE IN YOUR SEARCHED LOCATION: SPRINGFIELD, MO	
	MEDICAL PLANS	No Plan Selected
	DENTAL PLANS Remind me later	No Plan Selected
	CIGNA DENTAL CARE DHMO Cigna Dental Care Access (formerly Cigna Dental Care HMO) Cigna Dental Care Access Plus	
	DPPO/EPO O Total Cigna DPPO (Cigna DPPO Advantage and Cigna DPPO) Look for dentists who are "Cigna DPPO Advantage" on the search results page. Seeing a Cigna DPPO Advantage dentist may provide a better be greater savings.	enefit level with
	Choice Plus or PPO Radius network customer: Log in to myCigna.com to find your covered dentists and dental services.	
	снооѕе	

7. It will bring you back to the search page where you can then move to the "Search" box and enter a dentist's name or type of dentistry (i.e. general dentist, orthodontist, endodontist, etc.) and then click on the magnifying glass to search.

SEARCH LOCATION:	SELECT A PLAN:	SEARCH:
Springfield, MO	PICK Medical: No Plan Selected	E.g. Dr. Smith, general dentist, hospital
Use my current location	(Cigna DPPO Advantage and Cigna DPPO)	Looking for a provider or specialty ("primary care provider," "oral surgeon")? Browse the A-to-Z glossary
Nearest Urgent We have found North	Care th Family Medical Walk in Clinic located 2.6 m	tiles from your search location. Map all urgent care near my current location.

VISION

- 1. Go to Cigna.com
- 2. Scroll to the very bottom of the site until you see "Other Cigna Websites".
- 3. Under that heading, go to the very bottom and click on "More Cigna Sites".



4. Under the orange box on the next page, look under the heading "Websites for those already with Cigna", then scroll down and click on "Cigna Vision".



5. On the next page, click on the green button titled: "Search as a Guest".

Find a Cigna Vision Network Eye Care Professional Log in now to gain instant access to tools to help manage your vision coverage or to find an eye care professional near you participates in your plan. Log In and Find an Eye Care Professional Customer User Name	are professional near you who		ind a Cigna Vision Natwork Evo Caro Bro
Find a Cigna Vision Network Eye Care Professional Log in now to gain instant access to tools to help manage your vision coverage or to find an eye care professional near you participates in your plan. Log In and Find an Eye Care Professional Find an Eye Care Professional as a Guest Customer User Name	are professional near you who	ional	Jind a Cigna Vision Network Evo Care Bro
Log in now to gain instant access to tools to help manage your vision coverage or to find an eye care professional near your participates in your plan. Log In and Find an Eye Care Professional as a Guest Customer User Name If you're not a customer yet, you can	are professional near you who	manage your vision co	The a Cigila vision Network Eye care Fro
Log In and Find an Eye Care Professional Find an Eye Care Professional as a Guest Customer User Name If you're not a customer yet, you can		nanago your vision co	og in now to gain instant access to tools to h participates in your plan.
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Benefits are underwritten or administered by Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company. Any benefit information is intended as a summary of benefits only. It does not describe all the terms, provisions and limitations of your plan. Participating providers are

6. On the next page, fill in your city, state and zip code, and other applicable search criteria then click search.

Cigna.					LOG IN 👻 REGISTER	
CUSTOMER MY COVERAGE	EIND A	CIGNA VISION NETWORK EYE CARE F	PROFESSIONAL			
SEARCH BY LOCATION/SERVICES		Find an Eye Care Profes: (* Required fields)	sional by Location/Se	rvices	C SEARCH HELP	
SEARCH BY EYE CARE PROFESSIONAL OR OF NAME	FICE	Address	Zip Code *	Select Preferred Language ect Language Gender Select Gender ✓ Children ages 0-3 Extended hours Sports eyewear Safety eyewear	▼ Type of Doctor Select Doctor Type ▼ Children ages 3-5 Hard-to-fit contacts Pediatric EHB Collection	↓
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